

For Girls Entering 5th - 12th Grade

**Skills Camp
Shooting Camp
Team Camp
at
Swarthmore
College**



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P.O. Box 778 ★ Conshohocken, PA 19428
610-825-4610 ★ Fax 610-825-4615





THE FUTURE STARS STORY

Achieving dreams takes hard work, drive, and commitment. In the early 1970s, Cathy Rush had big dreams for a team from a tiny school in Pennsylvania. As Head Coach of Immaculata College in the 1970s, this Women's Basketball Hall of Fame Inductee led her "Mighty Macs" to five National Championship games, winning **three consecutive national titles!**

While stressing fundamentals and using game tactics labeled "ahead of her time", Coach Rush compiled a record of 149–15, a winning percentage of 91%! As a result, Cathy and the "Mighty Macs" took the country by storm, playing in the first nationally televised women's basketball game in front of over 12,000 fans at Madison Square Garden!

Cathy Rush also had big dreams for young girls who wanted to compete in the sport of basketball. Future Stars was created to serve as a bridge for young women and girls seeking to share in the continuing growth of women's basketball.

Entering its 37th year, over 100,000 campers have taken advantage of the Future Stars experience, and the winning tradition continues to grow. Future Stars assures you will depart camp with a formidable grasp of fundamentals, renewed vigor and passion for the sport, and more self-confidence—all vital to your on-court evolution—regardless of your age or skill level.

“The staff was always willing to help correct my jumpshot and other skills during their free time. They are greatly responsible for my improvement at camp”

-Jodi Stillman, camper

QUESTIONS

Call FUTURE STARS at: (610) 825-4610,
fax (610) 825-4615, or visit us at:
www.futurestarscamps.com
e-mail: info@futurestarscamps.com



NUMBER 1 STAFF



Our former staff reads like a Who's Who in the game of women's basketball. Current staff—the next generation of Who's Who—consists of college coaches, high school coaches and college players from all over the United States.

Geno Auriemma
University of Connecticut

Rene Portland
Penn State University

Debbie Ryan
University of Virginia

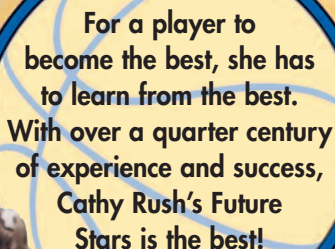
Tara Vanderveer
Stanford University

Val Ackerman
President of the WNBA

Terri Mitchell
Marquette University

Cindy Anderson-Griffin
St. Joseph's University

Theresa Greutz
University of Illinois



For a player to
become the best, she has
to learn from the best.
With over a quarter century
of experience and success,
Cathy Rush's Future
Stars is the best!



HOME COURT ADVANTAGE!



Our camps are like no other in the country! Future Stars' variety of programming meets the needs of every player. Our distinctive programs include:

Individual Programs

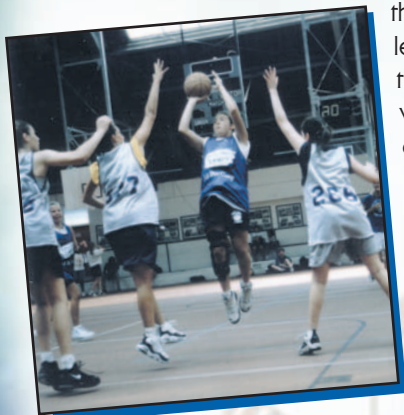
Team Programs

Camp programs are held on the beautiful campus of Swarthmore College in Swarthmore, PA. This campus offers modern dormitories, nutritious meals, six indoor courts and an Olympic size swimming pool.



INDIVIDUAL PROGRAMS

FUTURES CAMP This camp focuses on teaching and reinforcing basketball skills for players of all levels. The camp ensures great individual attention



through a low camper to staff ratio. Campers learn and refine offensive and defensive skills through group and individual instruction, individual and group skill competitions, and daily game play. Fun and fundamentals are stressed in every segment. Campers are grouped by age

and ability and each camper will go home with a player evaluation and practice tips for the upcoming season.

"Year in and year out, our kids get more from your camp than anything else we do! It's an excellent bonding time."

*— Dave Woodall,
HS Coach*

SHOOTING STARS CAMP The goal of this camp is to create a better shooter. Players of all levels will be given daily shooting instruction that develops their shot from footwork to fingertips. Each camper will have a chance to breakdown her shot on videotape with a Future Stars instructor. The finer points of perimeter play and post play will also be shown in small group instruction. Each camper will leave with a written evaluation and practice tips. From varsity star to grade school hopeful if you are looking to improve your shot this is the camp for you.

POST PLAYER AND POINT GUARD CAMP

Post players and point guards of all levels are shown the secrets of their position. **Point Guards** spend time exploring the mentality of great point guard play. Passing and shoot-



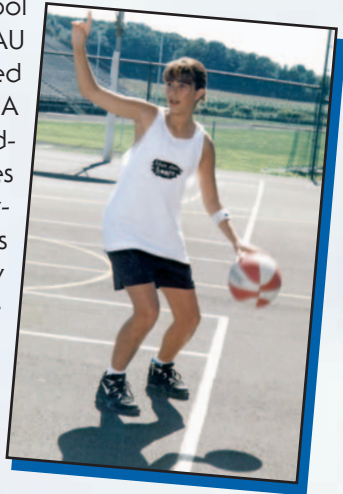
ing off the dribble are emphasized. Players work on transition basketball as well as the art of directing traffic in the half court set. Point Guards are taught how to handle and apply full court pressure defense. **Post Players** work on the power part of the game. Post players are taught how to win the battle of positioning, while being drilled on a variety of low and high post moves. They will also learn how to play great post defense and how to dominate the boards. The Post Player and Point Guard camp will consist of station instruction, lectures, games and fun competitions.



TEAM PROGRAMS

TEAM CAMP Junior High School, High School Varsity, JV and Freshman teams as well as AAU teams attend with their coach or are assigned an experienced Future Stars staff member. A perfect blend of practice time, games, individual skill development and team challenges makes this the ideal camp for teams of all levels from nationally ranked to rebuilding. Teams will be grouped into leagues based on ability and age. Small groups wishing to participate will be placed together on teams and assigned a coach.

TEAM CHALLENGE High School – Varsity, JV and Freshman as well as AAU teams **attend with their coaches** for the finest off-season experience anywhere! Teams will play three full court games each day and take part in full and half court practice sessions. It is a great opportunity to grow together as a team.





DETAILS, DETAILS, DETAILS

Enroll Now! To hold your reservation, a \$100 deposit or full payment is required with the application. **After May 1, 2007, all applications must be accompanied by full payment.** All campers must be paid in full before camp arrival!

Group Rates: Groups of 8 or more whose applications are received in the same envelope will be extended the group rate of \$10 off.

Refunds: Refunds will be issued minus a \$50 administrative fee when written notice of cancellation is received **at least two weeks** prior to the scheduled camp arrival. Any cancellation without two week notification or any camper who leaves camp due to injury or illness will be issued a transferable, pro-rated credit for any Future Stars Camp.

TYPICAL DAILY SCHEDULE

Morning

- 7:30 Breakfast
- 8:30 Camper Meeting/Warm-up
- 9:00 Individual Station Instruction
- 10:00 Special Instruction
- 11:00 Morning Games

Afternoon

- 12:00 Lunch
- 1:00 Individual Station Instruction
- 2:00 Team Practice
- 3:00 Afternoon Games
- 4:00 Free Swim

Evening

- 5:00 Dinner
- 6:00 Skill Contests/Speaker
- 7:00 Evening Games
- 9:00 Camper Meeting
- 9:30 Campers in Dorms
- 10:30 Campers in Rooms
- 11:00 Lights Out!



TUITION INFORMATION

Tuition Includes: Group & Individual Instruction • Video Instruction
Future Stars Camp T-shirt • Room & Board • Individual Written
Evaluation • Team & Individual Awards.

COMMUTER CAMP TUITION INCLUDES: all of the above except
breakfast and housing.

Camp Rates

	Pd. in full by 3/1/07	Pd. in full by 5/31/07	Pd. in full After 6/1/07	Commuter Camp
Futures Camp, Shooting Stars Camp, Team Camp, Point Guard Camp, Post Camp,	\$375	\$405	\$425	\$295
Team Challenge	\$295	\$315	\$345	\$205

APPLICATION

Name _____ Address _____

City _____ State _____ Zip _____

Home Phone () _____ Grade in Sept. 2007 _____ Email _____

School _____ Coach _____

Coach Phone _____ Coach Email _____

How did you hear about camp? _____ Please send me ____ additional brochures.

- Enclosed is \$100 deposit, **(Full Payment Only after 5/1/07)** Enclosed is full payment
 Make checks payable to Future Stars.

Full payment only, please charge my: MasterCard Visa AMEX

Account# _____ Exp. Date _____

Signature _____

Check One: **Overnight** **Commuter**

<p>Future Stars Camp</p> <p>July 15-19.....<input type="checkbox"/></p> <p>July 22-26.....<input type="checkbox"/></p> <p>July 29-Aug. 2.....<input type="checkbox"/></p> <p>Point Guard Camp</p> <p>July 22-26.....<input type="checkbox"/></p> <p>July 29-Aug. 2.....<input type="checkbox"/></p> <p>Team Challenge</p> <p>June 24-27.....<input type="checkbox"/></p>	<p>Shooting Stars Camp</p> <p>July 15-19.....<input type="checkbox"/></p> <p>July 29-Aug. 2.....<input type="checkbox"/></p> <p>Post Player Camp</p> <p>July 22-26.....<input type="checkbox"/></p> <p>July 29-Aug. 3.....<input type="checkbox"/></p> <p>Team Camp</p> <p>July 23-27.....<input type="checkbox"/></p>
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I hereby authorize the staff of Future Stars Camps to act for me according to their best judgment in any emergency requiring medical attention and I hereby waive and release the Camp from any and all liability for any injuries or illnesses incurred while at Camp. I have no knowledge of any physical impairment that would prevent full participation or that would be affected by the above named Camper's participation in the Camp program, as outlined in the brochure. I also understand the Camp retains the right to use for publicity and advertising purposes, photographs and video of Campers taken at Camp.

Parent/Guardian Signature _____



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