

Inbounds / Youth Basketball Plays not working?

There could be many reasons why your inbounds plays, quick hitters, or basketball plays (offensive plays) are not working, but youth basketball coaches must make sure that this reason is not one of them...

Ever notice how the younger basketball players tend to play “softer” if the ball is not coming their way? Especially on inbounds plays, most players tend to think that if they are not getting the ball, then they are not part of the play. For an inbounds play to be executed effectively, each and every player must do their part to “Sell” the play! Coaches must take the time to teach all of their players that each part of the play is just as important as the player getting the ball. All 5 players on the court must do their part (exaggerate a move or V-cut, put their hands up as if they were expecting the ball, call out loud for the ball, set a good screen, etc) to ensure a play is properly executed. One example would be that on a typical inbounds play defenders will usually cheat towards the basket if the player they are guarding is just standing there (with that “I am not getting the ball” look on their face). Break these players of these very bad habits - when players are on the court, they need to do their part. Many inbounds plays (offensive plays, quick hitters) do not work because all five players aren't selling their part of the play!

Youth basketball coaches must ensure that every player understands their role, and how each role is critical to the success of the play.

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