

Youth Basketball Shooting Routine Log MONTH _____

NAME _____

(DATE -----) PERCENTAGE

POSITION							___ OF ___	%
#1								
#2								
#3								
#4								
#5								
#6								
#7								
#8								
#9								
#10								
#11								
#12								
#13								
#14								
#15								
TOTALS	/150	/150	/150	/150	/150	/150	/	
Percentage TOTALS	%	%	%	%	%	%		

NOTE: 10 SHOTS PER POSITION, WARM UP 5 MINUTES BEFORE STARTING ROUTINE.